

PRIMARY SCHOOL LUNCH MENU

Monday

Cheese and Tomato Pizza (v)
Chips • Coleslaw

Quorn Keema Curry(v)
Savoury Rice • Cauliflower

Sandwich Selection (v)

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v)

Frozen Flavoured Yoghurt

Tuesday

Lasagne • Garlic & Herb Bread
Garden Peas

BBQ Quorn Fillet (v)

Seasoned Potato Wedges
Baked Beans

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Flapjack with Custard

Wednesday

Mince and Dumplings
Creamed Potatoes • Broccoli

Meat Free Cheeseburger(v) in Bun
Chips • Sweetcorn

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Melting Moment Biscuit
Chilled Drink

Thursday

Roast Pork • Sage and Onion Stuffing
Baby Boiled Potatoes • Carrots

Lentil and Vegetable Soup (v)
Cheesy Crouton

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Chocolate Cake with
Chocolate Sauce

Friday

Salmon or Cod Fish Fingers
Oven Roast Potatoes • Beetroot

Cheese and Onion Quiche (v)
Oven Roast Potatoes • Garden Peas

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Strawberry Cupcake
Chilled Drink

Week 1

6 September 21
27 September 21
18 October 21
15 November 21
6 December 21
10 January 22
31 January 22

28 February 22
21 March 22
25 April 22
16 May 22
13 June 22
4 July 22

Monday

Macaroni Cheese (v) • Focaccia Bread
Garden Peas

Vegetable Fingers(v) • Tomato Ketchup
Seasoned Wedges • Garden Peas

Sandwich Selection (v)

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v)

Madeleine Sponge
with Custard

Tuesday

Baked Low Fat Pork Sausages
Creamed Potatoes • Broccoli

Chinese Style Vegetable Curry (v)
(vg) Steamed Rice or Egg Noodles

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Lemon Drizzle Cake
with Custard

Wednesday

Spaghetti Bolognese • Garlic Bread
Sweetcorn

Cheese Omelette (v) • Hash Browns
Baked Beans

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Chocolate Banana Muffin
Chilled Drink

Thursday

Roast Chicken Fillet • Yorkshire
Pudding • Oven Roast Potatoes
Savoy Cabbage

Tuna or Cheese Tortilla Wedge(v)
Oven Roast Potatoes • Coleslaw

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Ice Cream Tub with
Shortbread Finger

Friday

Cod Fishcake • Chips
Spaghetti Hoops

Quorn and Vegetable Pie (v)
Mashed Potatoes • Carrots

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Anzac Biscuit
Chilled Drink

Week 2

13 September 21
4 October 21
1 November 21
22 November 21
13 December 21
17 January 22
7 February 22

7 March 22
28 March 22
2 May 22
23 May 22
20 June 22
11 July 22

Monday

Pasta Pomodoro(v) • Garlic Bread
Sweetcorn

Fishless Fish Fingers (v) (vg) • Chips
Garden Peas

Sandwich Selection (v)

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v)

Frozen Strawberry Mousse

Tuesday

Chicken Jalfrezi • Rice or Naan Bread
Minted Apple and Cucumber Salad

Quorn Burger in (v) Bun
Oven Roast Potatoes • Baked Beans

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Sticky Date Pudding with Custard

Wednesday

Meat Balls in Gravy
Creamed Potatoes • Broccoli

Pizza Margherita (v)
Seasoned Wedges • Sweetcorn

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Rice Pudding with Peaches

Thursday

Roast Beef • Yorkshire Pudding
Oven Roast Potatoes • Carrots

Quorn Dippers (v) • Hash Browns
Spaghetti Hoops

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Pineapple Upside Down Cake
with Custard

Friday

Crispy Coated Fish • Chips
Garden or Mushy Peas

Quorn Sausage Roll(v) • Chips
Baked Beans

Sandwich Selection

Jacket Potato • Choice of Filling
Cheese, Baked Beans (v) or Tuna

Fresh Fruit Salad or Yoghurt

Week 3

20 September 21
11 October 21
8 November 21
29 November 21
3 January 22
24 January 22
14 February 22

14 March 22
4 April 22
9 May 22
6 June 22
27 June 22
18 July 22

Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

SEPTEMBER 2021 - JULY 2022

Available daily:

Salad bar, selection of fresh bread and rolls
Choice of drinks - Fruit juice drink, reduced fat milk, chilled drinking
water, Fresh Fruit Selection, Yoghurt and Cheese and Biscuits



Red Tractor
Assurance

Newcastle
City Council

"DRINKING WATER
HELPS YOU LOOK
AND FEEL YOUR BEST"

"TAKE CARE OF YOUR BODY -
IT'S THE ONLY PLACE YOU
HAVE TO LIVE"